



**PLANTA-INTERNATIONAL Master's Degree  
Academic year 2018/2019  
FIRST PROMOTION**

**Student's guide**

**WELCOME – BIENVENUE – BENVENUTO**

# CONTENT

	<b>Page</b>
<b>I. PLANTA-INTERNATIONAL TEAM</b>	<b>3</b>
A/ AT UNIVERSITE GRENOBLE ALPES (UGA)	4
B/ AT UNIVERSITA DEGLI STUDI DI MILANO (UniMi)	4
<b>II. REGISTRATION AT BOTH UGA AND UniMi</b>	<b>4</b>
A/ AT UGA FOR UGA STUDENTS	5
B/ AT UGA FOR UniMi STUDENTS	5
C/ AT UniMi	5
<b>III. HEALTH CARE</b>	<b>6</b>
<b>IV. FRENCH PUBLIC LIABILITY INSURANCE</b>	<b>6</b>
<b>V. ACCOMMODATION</b>	<b>7</b>
A/ IN GRENOBLE	7
B/ IN MILAN	7
<b>VI. FRENCH LANGUAGE COURSES</b>	<b>8</b>
<b>VII. ITALIAN LANGUAGE COURSES</b>	<b>9</b>
<b>VIII. FINANCIAL AIDS</b>	<b>9</b>
A/ FOR UGA STUDENTS GOING TO UniMi AT S2	9
B/ FOR UniMi STUDENTS	10
<b>IX. UGA SCHEDULE FOR THE FIRST TWO WEEKS (WEEKS 36 AND 37)</b>	<b>11</b>
<b>X. HOLIDAYS AND DAYS-OFF</b>	<b>12</b>
A/ IN FRANCE	12
B/ IN ITALY	12
<b>XI. USEFUL LINKS FOR GENERAL MATTERS</b>	<b>13</b>
A/ IN GRENOBLE	13
B/ IN MILAN	14
<b>XII. USEFUL LINKS FOR JOBS AND INTERNSHIPS</b>	<b>14</b>

## **I. PLANTA-INTERNATIONAL TEAM:**



### **A/ AT UNIVERSITE GRENOBLE ALPES (UGA)**

#### **Academic coordinators :**

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Ass. Prof. in Biology, Plant Sciences, Genetics and Epigenetics at UGA  
Laboratoire Physiologie Cellulaire Végétale  
<http://big.cea.fr/drf/big/english/Pages/PCV/RDF/Chromatin.aspx>  
UMR CNRS 5168 - CEA - INRA1200 - UJF  
CEA, 17 rue des Martyrs, bât. C2 - Bureau 227B  
38054 GRENOBLE Cedex 9 - FRANCE  
+33 (0)4 38 78 41 95  
<https://chimie-biologie.univ-grenoble-alpes.fr/node/3650>

Florence Courtois : [florence.courtois@univ-grenoble-alpes.fr](mailto:florence.courtois@univ-grenoble-alpes.fr)  
Ass. Prof. in Biology and Plant Physiology at UGA

Gabrielle Tichtinsky : [gabrielle.tichtinsky@univ-grenoble-alpes.fr](mailto:gabrielle.tichtinsky@univ-grenoble-alpes.fr)  
Ass. Prof. in Biology and Plant Development at UGA  
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#### **Clerical assistant :**

Guergana Mitrouchev : [guergana.mitrouchev@univ-grenoble-alpes.fr](mailto:guergana.mitrouchev@univ-grenoble-alpes.fr)  
470 rue de la Chimie (Campus), André Rassat Building, office E106 (1st floor).  
+33(0)4 76 51 41 79

#### **Generic e-mail address :**

[ufrchimiebiologie-master-plantint@univ-grenoble-alpes.fr](mailto:ufrchimiebiologie-master-plantint@univ-grenoble-alpes.fr)

**PLANT-Int website:**

**<https://master-biologie.univ-grenoble-alpes.fr/parcours/planta-international-plant-int/>**

## **B/ AT UNIVERSITA DEGLI STUDI DI MILANO (UniMi)**

Luca Gianfranceschi : [plant.science@unimi.it](mailto:plant.science@unimi.it)

Ass. Prof. at the Biosciences Dept.

<http://www.unimi.it/chiedove/ENG/schedaPersonaXML.jsp?matricola=15237>

UniMi - Dept. of Biosciences

2nd Floor, A Building

<https://goo.gl/maps/NtM3xMsRcXB2>

Paolo Pesaresi

Ass. Prof. in the Department of Agricultural and Environmental Sciences -  
Production, Landscape, Agroenergy

<http://www.unimi.it/chiedove/ENG/schedaPersonaXML.jsp?matricola=16609>

Maria Ida De Michelis

Full professor at the Biosciences Dept.

<http://www.unimi.it/chiedove/ENG/schedaPersonaXML.jsp?matricola=9874>

## **II. REGISTRATION AT BOTH UGA AND UniMi**



Registration at UGA for both UGA and UniMi students has to be done prior to your arrival in Grenoble.

Students who do not already live in Grenoble should inform Guergana

([guergana.mitrouchev@univ-grenoble-alpes.fr](mailto:guergana.mitrouchev@univ-grenoble-alpes.fr)) about their exact date of arrival.

Students are expected to be in Grenoble on **Monday, the 3rd of September 2018** for the start of the university new academic year.



## A/ AT UGA FOR UGA STUDENTS

**Registration on the internet runs from 06.07.2018 to 21.07.2018.**

Both links ultimately lead to the registration page:

<https://chimie-biologie.univ-grenoble-alpes.fr/node/46/dates-rentree-et-inscriptions-administratives-2018-2019>

or

<https://www.univ-grenoble-alpes.fr/fr/grandes-missions/formation/candidatures-et-inscriptions/>

**In late August, you will have to come to UGA in order to get your student cards issued.** The usual procedure for this would be to get an appointment through a web application. However, you don't need to do it, instead:

**Please let Guergana know by e-mail the date and time you would like to come to her office** (470 rue de la Chimie, bâtiment André Rassat, office E106) **for registration, between the 28.08 and 31.08.2018.** She works every morning from 9 am to 12.45 pm. On this appointment, you will have to bring along some documents (ID card, last diploma obtained etc.). You will be sent a list with the required documents.

Below is a summary of the key steps to follow:

- It is of high importance that you first create a CVEC account (<https://cvec.etudiant.gouv.fr/>) and pay a fee called "Contribution vie étudiante et de campus". Registration at UGA cannot be completed if this fee is not paid. You will then get a certificate. Please keep it, you will have to show it to Guergana when you will go to her office in late August.
- Follow the online registration procedure through one of the links above.
- In late August, go to Guergana's office for your student card to be issued.

## B/ AT UGA FOR UniMi STUDENTS

A specific registration file is sent by email and has to be filled in and returned **before 27.08.2018**. Registration will be finalized upon arrival, in Guergana's office (that is why it is of high importance that you keep her informed about your arrival date in Grenoble). In this purpose, please make an appointment with her as soon as possible so that she can proceed to your registration from **28.08 to 31.08.2018 (student cards will be issued)**. This could also be done later – however - as the academic year starts on 03.09.2018, without a student card by this date, you will have trouble to get some student services (such as the library or the refectory).

## C/ AT UniMi

For information on the registration process at UniMi, please contact Luca Gianfranceschi ([plant.science@unimi.it](mailto:plant.science@unimi.it))

### III. HEALTH CARE



**Students coming from UniMi** have to request a **European Health Insurance Card (EHIC)** from the **local Italian Health Institution**, so that health care during their stay in France can be provided.

Likewise, UGA students have to request an EHIC from the *CPAM (Caisse Primaire d'Assurance Maladie)* a few weeks/months before leaving for UniMi at S2.

For more information: <https://www.ameli.fr/>

The EHIC can be requested online from your personal account.

### IV. FRENCH PUBLIC LIABILITY INSURANCE

Please note that in France, you are required to sign up for **public liability insurance (assurance responsabilité civile)**. That is basically an insurance contract that protects you any time in case of accident (caused to you or by you). Such insurance is usually included when subscribing to a house insurance contract - **which is also compulsory to get upon arrival in Grenoble**.

**Here are some French insurance companies:**

**Groupama:** <http://www.groupama.com/fr/>

**MAE:** <https://www.mae.fr/>

**MACIF:** <https://www.macif.fr/assurance/particuliers>

**MAIF:** <https://www.maif.fr/>

**MMA:** <https://www.mma.fr/>

**GMF:** <https://www.gmf.fr/>

**MAAF:** <https://www.maaf.fr/fr/assurance>

Banks also offer such services, however they are usually more expensive.

## **V. ACCOMMODATION**

### **A/ IN GRENOBLE**

Please note that as this year is the launching year of the PLANT-Int programme, we did our best to provide you with an accommodation.

UniMi students are entitled a room in an UGA student dorm. Application should be done via the following link:

<https://uga.moveonfr.com/form/5a8692098b811b0f63000002/eng>

At some point, your host faculty will be requested: Specify "Chemistry and Biology" or "Chimie-Biologie".

The deadline to apply for accommodation was 01.07.2018, but your applications will still be taken into consideration, provided that there are some free rooms left.

If you are not entitled to a room in the end, please have a look at:

-ISSO (International Students and Scholars Office) can help you with all matters related to the French health care system, adjusting to life in France, accommodation, residence permits etc.:

<https://international.univ-grenoble-alpes.fr/fr/etudiant/>

<https://international.univ-grenoble-alpes.fr/en/student/>

[studenthousing@univ-grenoble-alpes.fr](mailto:studenthousing@univ-grenoble-alpes.fr)

- <https://www.pap.fr/annonce/locations-isere-38-g402>

- [https://www.leboncoin.fr/annonces/offres/rhone\\_alpes/](https://www.leboncoin.fr/annonces/offres/rhone_alpes/) (toutes catégories --> immobilier --> locations, colocations)

A list of private student dorms will also be sent to you.

In France, in order to rent a room or an apartment, you need to show some financial guarantees to the landlord/ have someone for financial back up, called "cautionnaire" (a family member for example). If you do not have such a financial back up, please have a look at <https://www.visale.fr>. This is basically a french organisation that can help students with getting a backed-up when renting an accommodation.

### **B/ IN MILAN**

A list of residences with an agreement with the University of Milan La Statale is available here: <http://www.unimi.it/ENG/student/102725.htm>

University residences: [www.collegiodimilano.it](http://www.collegiodimilano.it) and <https://www.camplus.it/>

Other alternatives:

[www.place4you.it](http://www.place4you.it)

[www.camplusliving.it](http://www.camplusliving.it)

[www.abitaplus.it](http://www.abitaplus.it)

[www.agenziauni.comune.milano.it](http://www.agenziauni.comune.milano.it)

<http://www.lambrate-hostel.it/>

<http://www.expocollege.it/web/guest>

[www.realegest.it](http://www.realegest.it)

[www.chiaralba.com](http://www.chiaralba.com)

[www.residencepdn.it](http://www.residencepdn.it)

[www.lacordata.it/casafontana](http://www.lacordata.it/casafontana)

<http://www.ostellolacordata.com/ita/index.html>  
[www.affittistudenti.it](http://www.affittistudenti.it)  
[www.kijiji.it](http://www.kijiji.it)  
[www.bakeca.it](http://www.bakeca.it)  
[www.easystanza.it](http://www.easystanza.it)  
[www.secondamano.it](http://www.secondamano.it)  
[www.affitto.it](http://www.affitto.it)  
[www.affittasi.it](http://www.affittasi.it)  
[www.mercatouniversitario.it](http://www.mercatouniversitario.it)

In any case, the International relations office is available to offer students all the necessary support: [international.programmes@unimi.it](mailto:international.programmes@unimi.it)

## **VI. FRENCH LANGUAGE COURSES**

You will get the opportunity to learn French while studying at UGA. **CUEF (Centre universitaire d'études françaises)** offers French courses for every level throughout the year.

For more information: <https://cuef.univ-grenoble-alpes.fr/>

If you are interested in taking French classes, please note that they are not included in the PLANT-Int teaching programme, i.e you will have to pay extra. A leaflet with the French courses prices is provided with this students' guide. Registration for French lessons has to be done directly at CUEF, anytime. It is located on the Campus :

**Centre universitaire d'études françaises (CUEF) - Université Grenoble Alpes**  
**Bâtiment Stendhal**  
**1491 rue des résidences**  
**38400 Saint-Martin-d'Hères**  
**Tram B or C - Stop « Condillac »**

A language proficiency test has to be taken upon registration. A short interview is also carried out. At the very end of the courses, you will be handed a certificate. Please be aware that no ECTS will be awarded for French lessons.

The two best price options are the following:

- a one-week intensive French course either from 27.08 to 31.08.2018 or from 03.09 to 07.09.2018 (5 days, 4h/day from 12.30 pm): 160 euros (20% discount for UGA students included).

- French classes throughout S1, from 01.10 to 14.12.2018 (10 weeks, 2h/week). Lessons are held in the evening from 6.30 to 8.30 pm (days on which lessons are held can be chosen. Please get in touch with CUEF): 360 euros (20% discount for UGA students included).

For other alternatives, please have a look at the CUEF leaflet.

Another nice way to learn French for free is to find a "tandem partner" with **IntEGre** (<https://www.integre-grenoble.org/>) – a student association.

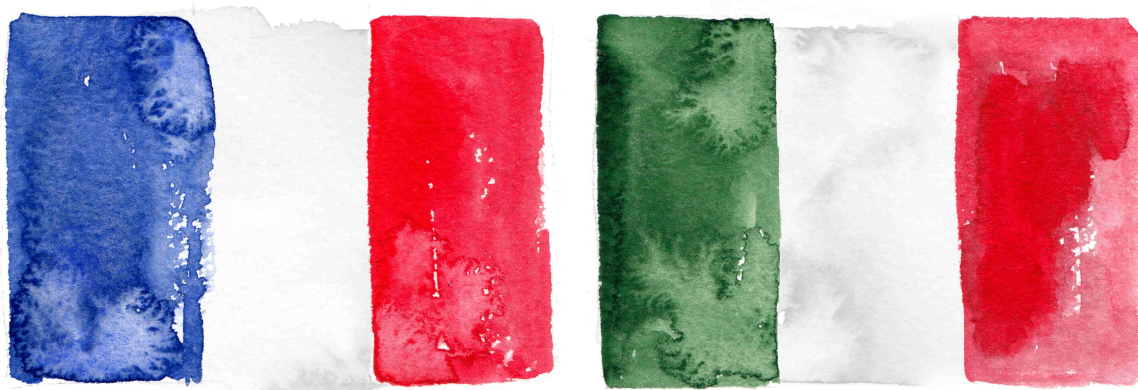


## VII. ITALIAN LANGUAGE COURSES

Italian language courses are offered by a specific UGA Faculty called *Maison des Langues*.

Here is its website: <https://sdl.univ-grenoble-alpes.fr/accueil-182978.kjsp>

Again, these courses are not included in the PLANT-Int teaching programme and no ECTS will be granted. Interested students have to get in touch with *Maison des Langues* and pay extra to attend Italian lessons.



## VIII. FINANCIAL AIDS

### **A/ FOR UGA STUDENTS GOING TO UniMi AT S2**

PLANT-Int is being subsidized by the **Région Auvergne-Rhône-Alpes** that should provide outgoing students (whose home Institution is UGA) with a **financial aid** (approx. 1000 euros) during their stay in Milan.

About 70% of the PLANT-Int scholarship will be paid upon arrival in Milan (late January 2019).

For this, students will have to fill in and sign the form “Décision individuelle d’attribution \_étudiant sortant\_Aides à la mobilité SCUSI” prior to their stay in Milan.

Upon arrival in Milan, students have to get signed a certificate by a UniMi representative, proving that the student is safely arrived.

**During the stay in Milan, it is of high importance that you promote the scholarship, as it is granted by the Auvergne-Rhône-Alpes Region** ([www.auvergnerhonealpes.fr/](http://www.auvergnerhonealpes.fr/)). As an example, at the very end of an oral presentation, you can mention on a slide that your stay in Milan has been made possible both by this grant and the Auvergne-Rhône-Alpes Region. You will then have to provide us with your powerpoint presentation, so that we can send it to the “Conseil Régional” as a proof. This procedure is a term in the contract that grants UGA the PLANT-Int subsidy. A powerpoint presentation is given as an example. We will accept any other form of publicity as long as you can prove that you actually promoted the Auvergne-Rhône-Alpes Region.

At the very end of your stay in Milan, the pending amount of the scholarship (about 30%) will be paid upon receipt of both another certificate and a report about your stay (“Rapport de fin de mobilité”).

# La Région

## Auvergne-Rhône-Alpes

In addition to the Région Auvergne-Rhône-Alpes fellowship, there are possibilities to apply to other Master fellowships: **Erasmus +** (procedure pending for students whose home Institution is UGA), or **Idex** (for students who got their latest degree in a foreign university).

You will find more information about both scholarships here below:

<https://www.univ-grenoble-alpes.fr/fr/grandes-missions/international/votre-sejour-a-l-uga/etudier-a-l-uga/bourses-et-financements-pour-les-etudiants-internationaux-venant-a-titre-individuel-77774.kjsp>

<https://info.erasmusplus.fr/>

### **B/ FOR UniMi STUDENTS**

For information on available scholarships granted by UniMi, please contact Luca Gianfranceschi ([plant.science@unimi.it](mailto:plant.science@unimi.it)).

## **IX. UGA SCHEDULE FOR THE FIRST TWO WEEKS (WEEKS 36 AND 37)**



### **MONDAY 03.09.2018**

**9 am - 12 am**

#### **Amphi Ouest**

Presentation of the Master's Degree in Molecular and Cellular Biology MCB).

As some courses will be common to MCB and PLANT-Int, it is of high importance that you attend this presentation.

**At 11:45 am**, a short presentation will be held by a ISSO representative about the French health care system, resident permits etc. (to get more information about ISSO, please go to *XI. USEFUL LINKS FOR GENERAL MATTERS*).

**2 - 2.30 pm**

#### **Amphi Bio**

and

**2.30 – 4 pm**

#### **G07 room**

Elective courses that can be followed in the 2<sup>nd</sup> year of the PLANT-Int Master programme will be presented. Although you can chose your study tracks at a later stage, it is necessary to attend this meeting as you will get an insight on the optional courses.

### **WEDNESDAY 05.09.2018**

**1 – 5 pm**

#### **Galerie des Amphis**

#### **Pierre Mendès France building**

Two events will be held on the campus this day (taking part to these activities is not compulsory):

- Information on campus life (Services provided by UGA to students: accommodation, students associations, where to find medical health care services on the campus etc.)

<https://www.univ-grenoble-alpes.fr/fr/acces-direct/actualites/agenda/agenda-vie-etudiante/je-t-explique-forum-vie-pratique-240438.kjsp?RH=1452510332526>

- Registration to language courses or sport:

<https://www.univ-grenoble-alpes.fr/fr/acces-direct/actualites/agenda/agenda-formation/forum-des-enseignements-transversaux-a-choix-etc--357440.kjsp?RH=1452510332526>

## **THURSDAY 06.09.2018**

**9 am – 12 pm**

**G08 room**

**Presentation of the PLANT-Int Master programme** held by the academic coordinators

## **TUESDAY 11.09.2018**

**9 am – 6 pm**

**PLANT-Int welcome session.**

We will be spending the day in a holiday cottage near Grenoble (Quaix-en-Chartreuse), located in the Chartreuse mountain chain. Transportation and catering will be taken care of. Presentations of UGA and UniMi partner labs and internship possibilities will be held. If the weather permits, we will take a walk in the wilderness.

The rest of the schedule can be looked up on ADE, a software that can be accessed through the student intranet (LEO) once you get your user credentials. This will be done upon registration. It is important to check your schedule on a regular basis, as lecture rooms can sometimes change from one day to another.

## **X. HOLIDAYS AND DAYS-OFF**

### **A/ IN FRANCE**

**Holidays at UGA during S1:** 27.10.2018 – 04.11.2018 (week 44)

**Days off in France during S1:**

Thursday, November 1<sup>st</sup>, 2018

Tuesday, December 25<sup>th</sup>, 2018

Tuesday, January 1<sup>st</sup>, 2019

### **B/ IN ITALY**

**Days off in Italy during S2:**

21 Apr Sun Easter Sunday

22 Apr Mon Easter Monday

25 Apr Thu Liberation Day

1 May Wed International Workers' Day

2 Jun Sun Republic Day

No lectures are held on these days

## **XI. USEFUL LINKS FOR GENERAL MATTERS**

### **A/ IN GRENOBLE**

**ISSO (International Students and Scholars Office)** can help you with all matters related to the French health care system, adjusting to life in France, accommodation, residence permits etc.:

<https://international.univ-grenoble-alpes.fr/fr/etudiant/>  
<https://international.univ-grenoble-alpes.fr/en/student/>

**IntEGre (International Etudiants Grenoble)** is a student association that can help you with life on campus, discovering Grenoble, finding a tandem partner and so on:

<https://www.integre-grenoble.org/>  
<https://www.integre-grenoble.org/homepage>

**Student jobs offered by Université Grenoble Alpes:**

<https://emplois-etudiants.univ-grenoble-alpes.fr/node/1>

**Places where to buy clothes, food and furniture at low prices:**

<https://www.leboncoin.fr/> (also useful to find an accommodation)  
<https://vide-greniers.org/>  
<http://laremise-asso.org/>  
<http://www.episol.fr/>

**Getting around :**

<https://www.ter.sncf.com/auvergne-rhone-alpes/offres/tarifs/illico-solidaire>  
<https://www.oui.sncf/>  
<https://www.tag.fr/>  
<http://www.metrovelo.fr/>  
<https://www.lyonaeroports.com/acces-transports/navette-bus/grenoble>  
<https://www.itinisere.fr/>

**Libraries:**

<https://bibliotheques.univ-grenoble-alpes.fr/accueil-125500.kjsp>  
<http://www.bm-grenoble.fr/>  
<http://www.bm-grenoble.fr/657-bibliotheque-municipale-internationale.htm>

**French institutions:**

<http://www.crous-grenoble.fr/>



<https://etu.univ-grenoble-alpes.fr/>  
<https://www.grenoble-tourisme.com/fr>  
<https://www.caf.fr/>  
<https://www.ameli.fr/>

## **B/ IN MILAN**

For more information on the city of Milan, activities, transport, useful telephone numbers, etc., students can consult the "Study in Milan"

([http://www.studyinmilan.net/index.phtml?Id\\_VMenu=510](http://www.studyinmilan.net/index.phtml?Id_VMenu=510)) website and UniMi

Welcome Desk (<http://www.unimi.it/ENG/student/52904.htm>), UniMi Welcome Guide

(<http://www.unimi.it/cataloghi/unicom/internazionale/Welcome%20Desk%20ENG%202017-18.pdf>).

## **XII. USEFUL LINKS FOR JOBS AND INTERNSHIPS**



### **Students networking**

- Glob'Alps : <http://globalps.org>
- BioDocs Lyon : <http://www.biodocslyon.com>
- Réseau BioTechno : <http://www.reseau-biotechno.com>

### **Applying to internships / short-term contracts**

- Academic Labs at UGA: LPCV, CERMAV, LECA:

<http://big.cea.fr/drf/big/english/PCV>

<http://www.cermav.cnrs.fr/>

<http://www-leca.ujf-grenoble.fr/>

- at UniMi: [http://www.campagnenaturalistiche.unimi.it/offerte\\_tesi/](http://www.campagnenaturalistiche.unimi.it/offerte_tesi/)

- Companies, startups, etc:

- **Total**

- **Italpollina**: R&D for organic fertilizers <http://italpollina.com/>

- **Biomed** : phytoremediation <http://biomed.fr/en/>

- **Linksium** (Technology transfer & startup building): <https://www.linksium.fr>